West Country Farmhouse Cheddar Frittata



Serves 4 Prep 10 mins Cooking 20 mins Easy

Ingredients

100g pasta shapes, (such as penne, macaroni or farfalle)

15g butter

1 bunch spring onions, chopped

100g roasted red peppers, drained from the jar and chopped

6 eggs 4 tbsp milk

1 tbsp fresh herbs such as thyme, parsley or chives

100g mature cheddar

1 pinch ground black pepper

1 bag salad, to serve

- 1. Cook the pasta in boiling water for 8-10 minutes, until just tender. Rinse with cold water and drain thoroughly.
- 2. Melt the butter in a large non-stick frying pan and gently fry the spring onions for 3-4 minutes, then add the pasta and peppers, stirring them through.
- 3. Preheat the grill. Beat the eggs, milk and herbs together, season, then pour into the frying pan. Sprinkle the cheese over the top. Cook on the hob over a low heat until set, then brown and set the surface under the grill. Cool for a few minutes, then slice into wedges. Serve hot, warm or cold, with salad.
- 4. **Cook's tip**: use cooked sliced new potatoes instead of pasta you'll need about 300g.