Spiced Pears with Raspberries



Serves 4 Prep 10 mins

Cooking 45 mins

Easy

Ingredients

4 firm pears. cored and cut in half
175g caster sugar
1 vanilla pod, split open
2 star anise
1 stick cinnamon, broken in half
300g raspberries
plain yoghurt to serve

- 1. Heat oven to 160°C/Fan/Gas 3. Put the pears in a baking dish.
- 2. In a small saucepan, gently heat the sugar and spices with 250ml water until the sugar has dissolved. Pour over the pears and bake in the oven for 30-40 minutes, until the pears are just tender.
- 3. Remove from the oven; add the raspberries and leave to cool. Serve at room temperature with a dollop of yoghurt.
- 4. Note: eat this at room temperature with a generous dollop of yoghurt. Any leftover pears make a delicious breakfast treat.