Sorta Salmon Niçoise



Serves 2 Prep 5 mins

Cooking 18 mins

Easy

Ingredients

2 x 120 g salmon fillets, skin on, scaled & pin-boned 300 g green beans

- 2 large free-range eggs
- 8 black olives or any other olives you like (optional)
- 2 heaped tablespoons Greek yoghurt
- 1. Place the salmon skin side down in a colander over a pan of boiling salted water, covered, to steam for 8 minutes. It can also be cooked in the oven for 20 mins or in the microwave, covered, for 5 mins.
- 2. Line up the beans, trim off just the stalk end, then boil in the water under the salmon for 6 minutes, or until just cooked but not squeaky. Gently lower in the eggs to cook for exactly 5½ minutes, alongside.
- 3. Meanwhile, squash the olives (if using), then finely chop the flesh. Mix half of the olives through the yoghurt with a splash of red wine vinegar, taste and season to perfection with sea salt and black pepper.
- 4. Remove the salmon to a board, then drain the eggs and beans in the colander.
- 5. Toss the beans in the dressing and divide between your plates. Refresh the eggs under cold water until cool enough to handle, then peel and cut into quarters.
- 6. Flake over the salmon, discarding the skin, arrange the eggs on top and dot over the remaining chopped olives (if using).
- 7. Finish with 1 teaspoon of extra virgin olive oil and a good pinch of pepper.