

# Smoked Mackerel, Courgette & Butter Bean Salad



**Serves 2**   **Prep 15 mins**

**No cook**

**Easy**

## **Ingredients**

1 small Romano pepper or small red chilli if you like it hot  
1 lemon, zested and juiced  
2 smoked mackerel fillets, skin removed and broken into large flakes  
1 large courgette, cut into ribbons using a vegetable peeler  
400g can butter beans, drained and rinsed  
3 tbsp extra virgin olive oil, + extra for drizzling  
1 small pack parsley, roughly chopped  
50g feta, broken into large pieces

1. Toss everything together in a salad bowl, taste and adjust for seasoning, then serve.
2. It's ideal for a quick and easy midweek supper, or a filling lunch
3. Serve with new potato salad or roast new potatoes.