Smoked Mackerel & Fennel Salad Bowls



Serves 6 Prep 25 mins No cook Easy

Ingredients

6 smoked mackerel fillets. skinned and flaked

4 tbsp goat's curd or cream cheese

small handfuls of toasted hazelnuts

2 heads of fennel, finely sliced

2 banana shallots, peeled & sliced

1 radicchio. shredded

6 breakfast radishes, finely sliced

1 lemon, juiced

some parsley

2 tbsp olive oil

 Tip all of the salad ingredients into a bowl, season with salt & pepper and leave for 20 mins to soften and slightly pickle the veg. Serve in portions piled high, topped with the mackerel, goat's curd and a sprinkling of hazelnuts