

Shredded Red Cabbage with Oranges & Apple



Serves 2 **Prep 15 mins**

No Cook

Easy

Ingredients

1/4 cabbage finely shredded
4 oranges
1 apple

Equipment needed:
Mandolin

1. Take the outer leaves from the cabbage and slice off the bottom. Cut the cabbage in half and shred one half finely, until you get about halfway down. You can keep the other half for another recipe.
2. Peel and segment 4 oranges and keep the juices in the bowl to keep the oranges moist.
3. Mix the orange segments with the shredded cabbage. Cover and put aside.
4. A few minutes before the meal, peel and grate the apple and mix with the cabbage and orange mixture. Serve straight away.