Potato Hash with Greens



Serves 2 Prep 10 mins

Cooking 40 mins

Easy

Ingredients

340g baby potatoes, peeled (optional), any large ones halved
1 tbsp rapeseed oil
1 onion (200g), finely chopped (optional)
1 green pepper, deseeded and diced
1 tsp smoked paprika
2 tbsp tarragon leaves, chopped
160g baby spinach
2 eggs

- 1. Boil the potatoes for 15-20 mins until almost tender, then scoop into a bowl using a slotted spoon. Keep the water for later.
- 2. Meanwhile, heat the oil in a large non-stick frying pan over a medium heat and cook the onion, if using, for 5 mins, stirring frequently until starting to colour. Add the pepper and cook for 5 mins more
- 3. Crush the cooked potatoes using a masher. Stir them into the onion and pepper, along with the paprika & tarragon. Cook for 5-10 mins, turning occasionally to brown.
- 4. Return the potato water to a low heat, Add the spinach to the hash and stir through to wilt. Drain well and add to the hash mixture.
- 5. Meanwhile, boil the kettle and pour the boiling water into a large saucepan with a dash of white wine vinegar. Once it is simmering, swirl the water and when it settles, crack one egg into it, cook for 2 mins, drain and transfer to a plate. Repeat for the second egg. Remove from the pan using a slotted spoon. Serve the hash topped with the eggs.