Potato Flatbreads with Smoked Mackerel & Jammy Eggs



Serves 4 Prep 5 mins

Cooking 30 mins

Easy

Ingredients

400g can Essential Small Potatoes In Water, drained
5 tbsp Greek yogurt
100g self-raising flour, plus extra for dusting or bought potato flatbreads
300g pack fine green beans, trimmed
4 No.1 Longstock Gold eggs
210g pack Scottish hot smoked mackerel fillets, skin removed
2 unwaxed lemons, zest and juice of 1, 1 cut into wedges
110g pack watercress, spinach & rocket salad
2 tbsp extra virgin olive oil, to drizzle

- Mash the potatoes thoroughly in a large bowl & stir in 1 tbsp yogurt. Add the flour & a pinch of salt & work into a soft dough. Dust the worktop with a little flour, then divide the dough into 4 equal pieces & roll into rounds, approx 1cm thick.
- Cook the flatbreads in a large frying pan over a medium-high heat, 2 at a time, for 3-4 mins each side until lightly charred & puffed up. Keep warm in the oven.
- 3. You can use ordinary thick potato flatbreads, preferably sourdough. Warm them, drain the canned potatoes, mash with the yoghurt and put on top of the flatbreads.
- 4. Bring a pan of water to the boil, cook the beans according to pack instructions, cool under running water & drain well. Fill the pan with fresh water, bring to the boil, then add the eggs & simmer for 6 mins. Drain the eggs, cool briefly under cold water & peel. Mash the mackerel gently in a bowl with the remaining yogurt, a good grind of black pepper and the lemon juice and most of the zest.
- Spoon the pâté over the warm flatbreads, then top with the halved or quartered soft-boiled eggs. Serve with the beans, a drizzle of extra virgin olive oil, and leaves and the remaining lemon zest, with lemon wedges on the side.