Pork Chops in Cider with Juniper & Mash



Serves 2 Prep 5 mins Cooking 30 mins Easy

Ingredients

200g greens, shredded

2 large potatoes (about 500g), peeled and cut into chunks butter milk olive oil 2 pork chops, 1 large onion, finely chopped 1/2 tsp juniper berries, crushed 1 tsp plain flour 300ml dry cider 1/2 tsp Dijon mustard

- 1. Boil the potatoes in salted water until tender. Drain, then mash with seasoning, a knob of butter and a splash of milk.
- 2. Heat 1 tbsp oil in a frying pan. Pick up the chops with tongs and hold fat-side down so the fat gets completely browned and crisp. Then sear for 3-4 mins on each side until cooked through, really seared and brown. Take out of the pan and keep warm under foil.
- 3. Add the onion to the pan and cook, stirring occasionally, until golden and soft.
- 4. Add the juniper berries and cook for a minute. Sprinkle over the flour and cook for 2 mins, then stir in the cider. Simmer for 2 minutes, then stir in the mustard. Simmer for 5 mins until the sauce has thickened to a light gravy consistency.
- 5. Add back the chops and simmer gently to just heat through.
- 6. Steam the greens, then season and toss with a knob of butter. Serve the chops with a pile of mash and greens and the sauce spooned over.