Pears Poached in Perry with Chantilly Cream



Serves 4 Prep 10 mins

Cooking 40 mins

Easy

Ingredients

500ml Perry
150g caster sugar
2 strips of lemon zest
1 star anise
4 Red Williams pears, halved & cored
250ml double cream
1 tsp vanilla bean paste or extract

- 1. Put the Perry, sugar, lemon zest and star anise into a pan and heat to dissolve the sugar. Bring to a gentle simmer and add the pear halves. Simmer very gently for 30-40 minutes or until the pears are tender.
- 2. Carefully remove the pears with a slotted spoon onto a plate, then turn up the heat and reduce the liquid until syrupy.
- 3. Pour the cream into a bowl with the vanilla and whip to soft peaks.
- 4. Add the pears back into the pan, spoon over the syrup and reheat for a minute. Spoon onto a plate with some of the Chantilly cream and a drizzle of the syrup.