No-fuss Shepherd's Pie



Serves 4 Prep 15 mins Ingredients

1 tbsp sunflower oil 1 large onion, chopped 2-3 medium carrots, chopped 500g pack lamb mince 40g raisin or sultanas (optional) 2 tbsp tomato purée

large splash Worcestershire sauce 500ml beef stock 900g potatoes, cut into chunks 85g butter

Easy

3 tbsp milk

1. Heat 1 tbsp sunflower oil in a medium saucepan, then soften 1 chopped onion and 2-3 chopped carrots for a few mins.

Cook 1hr

- 2. When soft, turn up the heat, crumble in 500g lamb mince and brown, tipping off any excess fat.
- 3. Add 2 tbsp tomato purée, a splash of Worcestershire sauce, & fry for a few mins.
- 4. Add the raisins (if using), then pour over 500ml beef stock, bring to a simmer, then cover and cook for 40 mins, uncovering halfway.
- 5. Meanwhile, heat the oven to 180C/fan 160C/gas 4, then make the mash. Boil the 900g potato, cut into chunks, in salted water for 10-15 mins until tender. Drain, then mash with 85g butter and 3 tbsp milk.
- 6. Put the mince into an ovenproof dish, top with the mash and ruffle with a fork. The pie can now be chilled and frozen for up to a month.
- 7. Bake for 20-25 mins until the top is starting to colour and the mince is bubbling through at the edges.
- 8. (To bake from frozen, cook at 160C/fan 140C/gas 3 for 1 hr-1 hr 20 mins until piping hot in the centre. Flash under the grill to brown, if you like.)
- 9. Leave to stand for 5 mins before serving.