Mackerel & New Potato Salad



Serves 2 Prep 15 mins

Cooking 15 mins

Easy

Ingredients

200g baby new potatoes
125g green beans, halved
1 tbsp lemon juice
1-2 tbsp olive oil
small handful of parsley, finely chopped
100g green leaves
100g peppered hot smoked mackerel, flaked

- 1. Cook the potatoes in a pan of boiling salted water for 12-15 rnins, or until tender enough to be easily pierced with a sharp knife. Cook the green beans in a separate saucepan, then drain well and leave to steam-dry for 5 mins.
- 2. When the potatoes have cooled slightly, halve them, if they are large and gently toss with the green beans, the mackerel and the parsley. Sprinkle over the olive oil and lemon juice to taste. Divide the leaves between two plates and place the mackerel mixture on top and serve straight away.