Lamb Koftas with Roasted Peppers



Serves 4 Prep 10 mins

Ingredients

400g lean lamb mince ¹/₂ tsp ground cumin 2 red peppers, cut into strips 1 red onion, cut into thin wedges 2 tsp olive oil 400g cherry tomatoes 4 flatbreads, to serve Salad leaves to serve ¹/₂lemon, wedged to serve Cooking 35 mins + chilling Easy

Raita

3 tbsp Greek yogurt ½ cucumber, seeded & grated ½ lemon, juiced

- 1. Heat the oven to 220C/fan 200C/gas 7. Mix together the lamb mince, and spices with lots of seasoning. Shape 8 sausage-shaped koftas around 4 metal kebab skewers, put onto a baking tray and chill for 15 minutes.
- 2. Toss the peppers and onion with the olive oil and some seasoning, tip onto a baking tray and roast for 5 minutes. Add the koftas and cherry tomatoes to the tray and roast for 20 minutes or until the koftas are cooked through.
- 3. Meanwhile, mix the yogurt, cucumber, and some seasoning with the lemon juice.
- 4. Carefully remove the kebabs from the skewers and serve in a flatbread with the roasted veg, a little rocket, lemon wedges and a good spoon of the raita.