Honey Za'atar Sticky Chicken



Serves 4 Prep 5 mins

Cooking 35 mins

Easy

Ingredients

- 8 chicken thighs, skin on and bone in
- 4 tbsp runny honey
- 2 tbsp za'atar
- 1. Mix together the honey, za'atar. Season and divide the mixture between two large bowls. Add the chicken thighs to one of the bowls keep stirring and turning until they are all coated in the honey mix.
- 2. Next, place the thighs skin side down on a hot barbecue or hot grill for 3 minutes, then turn and cook the undersides for another 3 mins. Baste the tops with some fresh marinade from the second bowl, then turn and cook for 1 min more, basting the undersides.
- 3. Repeat this process of turning and basting every 1 min for 4 mins more, or until the meat is cooked through, and serve straight away.
- 4. To oven-cook: cook for 25 30 mins at 200°C/180°C fan/6 gas, or until juices run clear, then finish on the barbecue or grill for 3-4 mins.