Feuilleté de Légumes à la Feta



Serves 4 Prep 20 mins

Cooking 25 mins E

Easy

Ingredients

1 large courgette

1 large aubergine

1 red pepper

400g feta

300g natural yoghurt

3 eggs

2 tbsp parsley, chopped

Pepper

Butter for greasing 10 sheets filo pastry

3 tbsp olive oil

1 egg yolk

- 1. Rinse the courgette and the aubergine. Halve, then cut into cubes. Take the centre out of the pepper, keeping it whole, then slice into rounds.
- 2. Drain the feta and crush with a fork. In a salad bowl, mix the crushed feta with the yoghurt and the eggs. Add the vegetables, the parsley and some pepper and mix.
- 3. Preheat the oven to 200C/ 180C Fan, Gas 6. Bake the vegetables for 15- 20 mins until slightly tender.
- 4. Grease a dish and put 2 filo sheets in the bottom and brush them with olive oil. Spread half the filling on top and cover with 2 more filo sheets. Also brush these with oil. Spread the rest of the mixture on top and finish with the rest of the filo.
- 5. Dilute the egg yolk with a bit of oil and brush over the top. Bake in the middle of the oven for 25 mins. Serve warm