Eton Mess Revisited



Serves 4 Prep 20 mins No Cook Easy

Ingredients

350g strawberries, washed & quartered

150ml ice cold whipping cream

- 3 tbsp authentic Greek yoghurt (20% fat) or Fromage Blanc at 30% fat
- 4 tbsp sifted icing sugar
- 3 tbsp Marshmallow Fluff (raspberry flavour if possible)

To decorate

- 4 strawberries
- 4 marshmallows

freeze-dried strawberries

- 1. Whip the cream. When it thickens, add the icing sugar and continue whipping. When it is completely stiff (à la Chantilly), gradually fold in the Greek yoghurt and whip again.
- 2. Add the Marshmallow Fluff and continue whipping. (If the Fluff isn't strawberry or raspberry flavour, you can add a drop of food colouring to give it a pink tinge)
- 3. Put some strawberry pieces at the bottom of the glasses and add a layer of the cream mixture. Add another layer of strawberries and finish off with a layer of cream.
- 4. Decorate with the freeze-dried strawberries and finish off by putting a marshmallow and a strawberry on a straw.