Easter Biscuits



Makes 25 Prep 15 mins Cooking 9-15 mins Easy

Ingredients

6 tbsp veg oil

1 egg

50g soft brown sugar (10 heaped tsp)

1.5 –2 tsp stevia or other sweetener (equivalent to 5 heaped tsp sugar)

finely grated zest 1 lemon

juice of half lemon

200g wholemeal flour

1 rounded tsp mixed spice

40g currants (or raisins or sultanas or mixed dried peel)

1 tbsp plain flour for rolling

1 tsp caster sugar

- 1. Preheat the oven to 170°C/Fan 150°C/gas 3.
- 2. In a large bowl, beat the oil, egg, sugar, stevia, lemon zest and lemon juice.
- 3. Add the flour, spice, currants and peel and mix well until the mixture forms a ball.
- 4. Turn out the dough onto a well-floured surface and roll to 3–4mm thick.
- Using a 5cm fluted pastry cutter, cut out the biscuits & carefully place them onto a lightly oiled baking tray, re-rolling the trimmings as you go. You should get ± 25 biscuits.
- 6. Bake for about 7–9 minutes until just starting to brown at the edges, sprinkle with the caster sugar and cool on a wire rack.

Notes:

- 7. You could use a shaped cookie cutter, such as a rabbit or duck to make fun Easter biscuits for children.
- 8. **Freezing instructions**: Suitable for freezing once cooked. Freeze in individually wrapped portions. Defrost for 2 hours, or in the microwave.