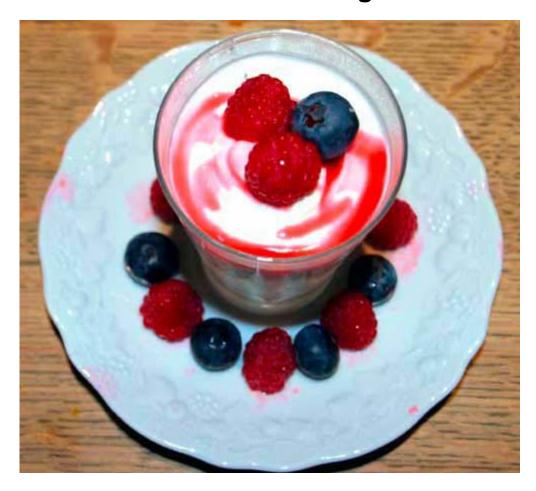
Creme Nantais Light



Serves 2 Prep 20 mins Refrigeration 2h Easy

Ingredients

150g mixed red fruit250g quark1 egg whites20g icing sugar1 pinch salt

- 1. Whip the egg whites to stiff peaks with a pinch of salt
- 2. Whip the quark with the sugar, then add the whipped egg whites
- 3. Divide the mixture between glasses
- 4. Wash, rinse and dry the fruits and decorate the glasses with the fruit on top. Serve cold