

Creme Nantais Light



Serves 2 **Prep 20 mins**

Refrigeration 2h

Easy

Ingredients

150g mixed red fruit
250g quark
1 egg whites
20g icing sugar
1 pinch salt

1. Whip the egg whites to stiff peaks with a pinch of salt
2. Whip the quark with the sugar, then add the whipped egg whites
3. Divide the mixture between glasses
4. Wash, rinse and dry the fruits and decorate the glasses with the fruit on top.
Serve cold

