

Creamy Pesto & Chicken Pasta Salad



Serves 2 Prep 15 mins Cooking 15 mins Easy

Ingredients

170g pasta shapes
1 red pepper, chopped
2 handfuls cherry tomatoes, halved
2 cooked chicken breasts, sliced
2 tbsp basil pesto
2 tbsp low-fat crème fraîche

For the pesto:

40g fresh basil
25g toasted pine nuts
25g grated parmesan
3 tbsp olive oil

Blitz all ingredients except the parmesan, which you add at the end or use shop bought pesto

1. Cook the pasta shapes following pack instructions. Meanwhile, mix the red pepper with the halved cherry tomatoes and chicken breast slices
2. Drain the pasta, then stir through the pesto mixed with the crème fraîche. Toss through the vegetables and chicken and eat immediately, or pack into a container for lunch.

