Chicken Mousse with Marjoram and Port



Serves 2 Prep 20 mins Cooking 50 mins Challenge Ingredients

100 grams chicken breast
1 sprig marjoram or oregano
½ tsp salt
100 ml double cream (50ml liquid- 50ml whipped)
½ tbsp port wine
freshly ground pepper

- 1. Cut the chicken breast into small cubes, cover and freeze for about 30 minutes.
- 2. Meanwhile, rinse the marjoram, shake dry and finely chop the leaves. Whip 1/2 of the cream until stiff and chill.
- 3. In a food processor, combine the chicken breast and salt and process until combined. With the motor running, gradually stream in the liquid cream and mix until creamy, emulsified and a little shiny. If you have time, pass through a finemesh sieve, otherwise just mix in the port wine and marjoram (or oregano) and season with very finely ground black pepper. Fold in 2-3 tablespoons whipped cream.
- 4. Shape into dumplings using 2 teaspoons and cook in boiling water until they float to the surface. Serve.