Buttermilk Chicken Rolls with Simple Slaw



Serves 4 Prep 40 mins + 1h marinade

Ingredients

4 large chicken thigh fillets 284ml tub buttermilk 1/4 small shredded white cabbage or Chinese leaf 100g plain flour 1/2 red onion, finely sliced 2tsp white wine vinegar 2 tbsp mayonnaise oil for frying 4 brioche buns, toasted gem lettuce to serve

Easy

Cooking 20 mins

Coating mix 1¹/₂ tsp paprika ¹/₂ tsp celery salt ¹/₂ tsp thyme

- 1. Toss the chicken pieces in a bowl with the buttermilk and seasoning. Cover and leave for an hour or more.
- 2. To make the slaw, toss the cabbage or Chinese leaf and onion with vinegar, a pinch of salt and mayonnaise.
- 3. Heat the oven to 200C/ Fan 180C/Gas 6. Put a small roasting rack over a roasting tin. Mix the coating ingredients, season and put on a plate. Take each piece of chicken and shake it, leaving excess buttermilk behind. Toss in the spiced flour to coat.
- 4. Heat 2 cm of oil in a large deep non-stick frying pan until a cube of bread browns in 30 seconds, Add the chicken pieces and fry for a few minutes on both sides until golden.
- 5. Transfer each piece to the roasting rack and tray, then put in the oven for 15 minutes to finish cooking. Stuff into the brioche buns, with lots of slaw and a few lettuce leaves.