Baked Aubergine with Herbs & Goat's Cheese



Serves 4 Prep 20 mins

Cooking 40 mins

Easy

Ingredients

4 medium aubergines salt
A small bunch of basil
1 tbsp pine nuts (optional)
6-8 tbsp olive oil, plus more for brushing
250g goat's cheese or curd

- 1. Cut the aubergines in half lengthways. If you wish to salt, sprinkle the cut sides with coarse salt and arrange slanting down in a colander, possibly with a plate pressing down with weight on top, for an hour or so, then brush off the salt and blot dry.
- 2. Line a baking tray with greaseproof paper or simply brush with olive oil. Use a sharp knife to make criss-cross incisions in the exposed flesh, taking care not to cut all the way down and through the skin. Rub the whole half with olive oil.
- 3. Preheat your oven to 190C/375F/gas 5. Chop the basil and pine nuts, then put everything in bowl and add enough oil to make a thick sort of pesto. This can be done with a pestle and mortar or a food processor. Use a spoon or your fingers to press the herb pesto generously into the incisions.
- 4. Bake for 30-40 minutes, or until the aubergines are still intact but with crisp edges and the flesh almost puree-tender. Once slightly cooled, lift on to a serving plate, crumble or slice over the goat's cheese, rip over some more basil, and serve at room temperature.