

Avocado Soldiers



Serves 2 Prep 10 mins

Cooking 5 mins

Easy

Ingredients

- 1 tbsp vegetable oil
- 1 ripe avocado
- 100g smoked pancetta rashers

1. Heat the oil in a non-stick pan and wrap each avocado slice in pancetta. Fry for 2-3 mins over a high heat until cooked and crisp
2. Can be served with boiled egg for breakfast or lunch.